



# NISTARINI (WOMEN'S) COLLEGE, PURULIA

ESTD. 1957

ACCREDITED 'A' GRADE BY NAAC

Deshbandhu Road, Purulia - 723101, West Bengal.

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## PROSPECTUS 2022-23





## **EXTERNAL EVENTS**

### **AWARDS & PRIZES : LAST 5 YEARS**

#### **Major Student achievements and Prizes (last 5 years)**

##### **2017-18**

##### **YPC :**

- a) Winners (10th year running) in the District Level Youth Parliament Competitions.
- b) Runners-up in the Divisional-level Youth Parliament Competition 2017.
- c) Felicitated by the West Bengal Government on 09/02/2017

##### **NCC :**

##### **I. Combined Annual Training Camps :**

Fifteen CATC Camps were attended throughout the year.

##### **II. National Integration Camps :**

Four NIC-s were attended, in Suri, Dimapur (Assam), and Nagaland.

##### **III. Trekking Programmes :**

- a. All India Trek II - 17th to 24th May 2016 - Amarkantak - 3 Cadets.
- b. NER Trek II - 17th to 26th October 2016 - Lekhapani (Assam) - 5 Cadets.

##### **OTHER PROGRAMMES AND ACHIEVEMENTS :**

- a. All India Leadership Camp - 28th May to 8th June 2016 - Kharagpur - 3 Cadets.
- b. Basic course, HML sl.no. 316 - 19th Oct to 15th Nov 2016 - Darjeeling - 2 Cdts.
- c. Advanced Leadership Camp VI - 3rd to 14th Dec 2016 - Coimbatore - 2 Cadets.
- d. 68th Republic Day Parade - 2017 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
- e. CATC II - 1st Prize in Group Dance.
- f. CATC VII - 2nd Prize in Group Song.
- g. CATC XI - 1st Prize in Group Dance.
- h. CATC XVII - 1st Prize in Group Dance.
- i. CATC I (2017) - 1st Prize in Group Dance
- j. NIC II - 2nd prize in Slow Song.
- k. NCC Day (District -level) - Nistarini College - 17th November 2016 - 50 Cadets - 1st Prize in Group Dance.



## **SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :**

All important calendar dates, such as World Earth Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day.

## **ACHIEVEMENTS IN KARATE**

Three students have participated in the Open National Karate Championships (Kyokushin) Tournament, organized in Purulia, on 26th December 2017. They have stood First, Second, and Third as follows -

- 1) Mikki Mahato - 1st position
- 2) Susmita Sing Sardar - 2nd position.
- 3) Mandira Sahis - 3rd position.

## **SPORTS :**

Nistarini College was the organizer of the DPI-sponsored District-level Athletics, Football, and Badminton Meet 2017, organized on various dates in the 2nd week of January 2017.

- 1) District-level Athletic Meet (DPI) - Runners-up.
- 2) Kabaddi Championship (District – 2016)- Winners. Best player : Purnima Mahato.
- 3) Kho-Kho Championship (District – 2016)- Winners. Best player : Kabita Modak.
- 4) Badminton Championship (District – 2017)- Winners. Best player : Mallika Mahato.

## **2018-19**

### **NCC ACHIEVEMENTS 2017-18**

#### **I. COMBINED ANNUAL TRAINING CAMPS :**

Fifteen Combined Annual Training Camps (CATC) were attended throughout the year.

#### **II. NATIONAL INTEGRATION CAMPS :**

Four NIC-s were attended, in Jaisalmer (Punjab), Ropar (Punjab) and Memari (Burdwan).







### **III. TREKKING PROGRAMMES :**

- a. All India Trek II - 16th to 23rd May 2017 - Amarkantak – 2 Cadets.

### **IV. OTHER PROGRAMMES AND ACHIEVEMENTS :**

- a. All India Leadership Camp - 23rd January to 6th February 2018 - Panagarh - 5 Cadets.
- b. Basic course, HML sl.no. 316 - 19th Oct to 15th Nov 2016 - Darjeeling - 2 Cdts.
- c. Local Republic Day Camp I - 8th January to 17th Jan 2018 - Kolkata - 3 Cadets.
- d. Local Republic Day Camp II - 18th January to 27th Jan 2018 - Fort William - 2 Cadets.
- e. Republic Day Camp - 28th December to 28th January 2018 - R.K. Puram, New Delhi - 2 Cadets.
- f. 69th Republic Day Parade - 2018 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
- g. NIC- III - 1st Prize in Group Dance (18-29th Jan 2017) – Punjab.
- h. NIC- I - 2nd Prize in Group Song (5-16th Oct 2017) - Memari, Burdwan.
- i. Spl NIC - 2nd Prize in Group Song (Jaisalmer, Punjab - 18-29th Nov 2017).
- j. NIC – II - 1st Prize in Group Dance (10-21st Jan 2018; Ropar, Punjab).
- k. NCC Day (District -level) - Nistarini College - 17th November 2016 - 50 Cadets - 1st Prize in Group Dance.

### **V. SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :**

All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. NCC Day was celebrated in Nistarini College. Awareness drives were held against tobacco, drugs, and cancer. A blood-donation camp was held on 23rd November.

### **VI. CADET PLACEMENTS :**

**CISF 2017 (Central Industrial Security Force):**

- a. WB/SW/2013/124150 - Cdt. Anjana Mahato.
- b. WB/SW/13/124155 - CQMS - Jharna Mahato.

**West Bengal Police 2016 :**

- a. WBS/16/SWA/198924 - Cdt. Hasina Khatun.



## **ACHIEVEMENTS IN KARATE**

Two students have participated in the National and International Karate Championships (Kyokushin) as follows -

- 1) Mikki Mahato - 3rd position in International Karate Championship 2017, Middle weight.
- 2) Susmita Sing Sardar - 2nd position in 2nd Kyokushin Cup (National).

## **ACHIEVEMENTS IN SPORTS**

### **District-level**

- 1) District-level Athletic Meet (DPI & University) - Runners-up.
- 2) Kabaddi Championship (District – 2017)- Winners.
- 3) Kho-Kho Championship (District – 2017) - Winners. Best player : Karuna Mahato
- 4) Kho-Kho Championship (DPI – 2018) - Winners. Best player : Debi Sardar
- 5) Badminton Championship (District – 2017)- Winners. Best player : Mallika Mahato.

### **State-level**

- 1) Kho-Kho team 2018
- 2) Athletic team :
  - a) Dhani Mahato
  - b) Rima Mahato
  - c) Tanushree Mahato
  - d) Susmita Chakraborty
- 3) Tanushree Mahato attained 3rd position in State-level Relay Race, 2018.

## **2019-20**

### **NCC ACHIEVEMENTS 2018-19**

- I. COMBINED ANNUAL TRAINING CAMPS :

17 Combined Annual Training Camps (CATC) were attended throughout the year.
- II. NATIONAL INTEGRATION CAMPS :

One NIC was attended, in Amarkantak, from 29th May to 5th June 2018, in which 2 cadets attended.
- III. OTHER PROGRAMMES AND ACHIEVEMENTS :
  - a. 70th Republic Day Parade - 2019 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
  - b. CATC II - 1st Prize in Group Dance (1st to 10th June 2018) – Suri.
  - c. CATC VI - 1st Prize in Group Dance (1st to 10th July 2018) - Panagarh.
  - d. CATC X - 1st Prize in Sow Dance (19th to 28th Aug 2018) Panagarh.
  - e. CATC XV - 1st Prize in Group Dance (1st to 10th Dec 2018) Panchakot.







#### IV. SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :

All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. Awareness drives were held against tobacco, drugs, and cancer. A tree-plantation drive was held on 1st August 2018. Rallies were held on the occasion of World AIDS Day on 1st December 2018 (48 cadets attended), and on the National Voter's Day on 25th January 2019 (53 cadets attended).

#### V. CADET PLACEMENTS :

##### GNM :

- a. WB/SW/2013/124146 - Cdt. Susmita Punaria.
- b. WB/SW/2015/124099 - JUO - Shilpa Mukherjee.

##### WEST BENGAL POLICE 2018 :

- a. WB/SW/2014/124097 - JUO - Beauti Kundu
- b. WB/SW/2014/124109 - CPL - Rani Mahato
- c. WB/SW/2015/124108 - LCPL - Arpita Dutta
- d. WB/SW/2015/124123 - Cdt. Rupa Bauri
- e. WB/SW/2014/124098 - CPL - Sima Bauri
- f. WB/SW/2014/124100 - LCPL - Susmita Sen

#### ACHIEVEMENTS IN YOGA

Asha Bhattacharya, after winning the National Yoga Championship in New Delhi, won First Position in the 3rd Dubai International Yoga Competition and Conference, 2018 on 16th November 2018, organized by the Friends of Yoga, UAE & Lifestyle Yoga, UAE.

#### ACHIEVEMENTS IN KARATE

- 1) Mikki Mahato - 3rd position in 2nd International Samurai Cup, on 30/12/2018, in Medinipur Karate Institute.
- 2) Mikki Mahato - 3rd Position in the Oyama Cup, 2018, organized by the Kolkata Kyokushin Institute, on 27-28 Jan 2018.

#### ACHIEVEMENTS IN SPORTS

##### District-level :

- 1) District-level Inter-college Athletic Meet (DPI) - Champions.
- 2) Kabaddi Championship (District - 2018)- Runners up.
- 3) Kho-Kho Championship (District - 2018) - Winners.
- 4) Kho-Kho Championship (DPI - 2018) - Winners.



### State-level :

- 1) Kho-Kho team 2018
- 2) Athletic team : a) Dhani Mahato : 3rd Year  
b) Tanushree Mahato : 3rd Year  
c) Sangita Mahato : 1st Year  
d) Anwesha Pandey : 1st Year

### 2020-21 :

### NCC ACHIEVEMENTS 2019-20

#### I. *Combined Annual Training Camps :*

19 Combined Annual Training Camps (CATC) were attended throughout the year.

#### II. *National Integration Camps :*

Three NIC-s (National Integration Camps) were attended, in Jaisalmer, Darjeeling, and PKMV, Purulia, from 1) 1st Nov to 12th Nov 2019, 2) 13 - 24th Dec 2019, and 3) 16th - 27th Dec 2019, in which 2, 2, and 10 cadets attended, respectively.

#### III. *All India Leadership Camp :*

An All India Leadership Camp was attended from 28th May to 8th June 2019, in which 2 cadets attended

#### IV. *Other Programmes and Achievements :*

- a. District Republic Day Parade - 2020 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
- b. 2 cadets joined the Republic Day Camp, New Delhi, from 21st to 28th Jan 2020.
- c. CATC XVII - 1st Prize in Group Dance (14th to 23rd Jan 2019) - Purulia.
- d. CATC XIX - 2nd Prize in Group Dance (14th to 23rd Feb 2019) - Sarbari.
- e. NIC II - 1st Prize in Group Dance (13th to 24th Dec 2019) Darjeeling.
- f. NIC I - 1st Prize in Group Dance (16th to 27th Dec 2019) Purulia.
- g. Camel Safari - 2nd Prize in Solo Dance (1st Nov to 12th Nov 2019) Jaisalmer.

#### V. *Social Service & Observation of Special Days :*

All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. Awareness drives were held against tobacco, drugs, and cancer. A tree-plantation drive was held on 1st August 2018. Rallies were held on the occasion of World AIDS Day on 1st December 2018 (48 cadets attended), and on the National Voter's Day on 25th January 2019 (53 cadets attended).

#### VI. *Cadet Placements :*

- a. CRPF (Police) : Jayanti Rajwar
- b. CISF (Police) : Pratima Mahato







## ACHIEVEMENTS IN SPORTS

District-level :

District-level Inter-college Athletic Meet (DPI) - Runners-up.

- 2) Kabaddi Championship (District - 2018)- Champions.
- 3) Kho-Kho Championship (District - 2018)- Champions.

State-level :

- 1) Kho-Kho team 2019
- 2) Athletic team : a) Taramoni Tudu : 1st Year.  
b) Sangita Mahato : 2nd Year  
c) Anwesha Pandey : 2nd Year



*Through  
the  
Entrance ...*



*Into  
the  
Pristine Campus*





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## PROSPECTUS 2020-21





## **EXTERNAL EVENTS**

### **AWARDS & PRIZES : LAST 5 YEARS**

#### **Major Student achievements**

##### **2016**

##### **YPC :**

- a) Winners in the District-level Youth Parliament Competition.
- b) Runners-up in the Divisional-level Youth Parliament Competition.

##### **NCC :**

- a. Special NIC - 30th December 2015 to 10th January 2016 - Dimapur, Nagaland - 2 Cadets (2nd Position in Cultural).
- b. NIC - III - 17th to 28th January 2016 - Tornagallu, Madhya Pradesh - 4 Cadets (1st Position in Cultural).
- c. 1st Position in District Republic Day Parade, Purulia (Uniformed Unarmed Category).

##### **SPORTS :**

- a) Badminton Championship (District) held on 16/02/16 - Winners.
- b) District-level Athletic Meet (State) - Runners.
- c) District-level Athletic Meet (University) - Runners

##### **2017**

##### **YPC :**

- a) Winners (10th year running) in the District Level Youth Parliament Competitions.
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- c) Felicitated by the West Bengal Government on 09/02/2017

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## **2018**

### **NCC ACHIEVEMENTS 2017-18**

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#### **ACHIEVEMENTS IN SPORTS**

##### **District-level**

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### **State-level**

- 1) Kho-Kho team 2018
- 2) Athletic team :
  - a) Dhani Mahato
  - b) Rima Mahato
  - c) Tanushree Mahato
  - d) Susmita Chakraborty
- 3) Tanushree Mahato attained 3rd position in State-level Relay Race, 2018.

## **2019**

### **NCC ACHIEVEMENTS 2018-19**

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### **ACHIEVEMENTS IN KARATE**

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- 2) Mikki Mahato - 3rd Position in the Oyama Cup, 2018, organized by the Kolkata Kyokushin Institute, on 27-28 Jan 2018.

### **ACHIEVEMENTS IN SPORTS**

#### **District-level :**

- 1) District-level Inter-college Athletic Meet (DPI) - Champions.
- 2) Kabaddi Championship (District - 2018)- Runners up.
- 3) Kho-Kho Championship (District - 2018) - Winners.
- 4) Kho-Kho Championship (DPI - 2018) - Winners.

#### **State-level :**

- 1) Kho-Kho team 2018
- 2) Athletic team : a) Dhani Mahato : 3rd Year  
b) Tanushree Mahato : 3rd Year  
c) Sangita Mahato : 1st Year  
d) Anwesha Pandey : 1st Yea







**2020 :**

## **NCC ACHIEVEMENTS 2019-20**

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- b. 2 cadets joined the Republic Day Camp, New Delhi, from 21st to 28th Jan 2020.
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- g. Camel Safari - 2nd Prize in Solo Dance (1st Nov to 12th Nov 2019) Jaisalmer.

### **V. Social Service & Observation of Special Days :**

All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. Awareness drives were held against tobacco, drugs, and cancer. A tree-plantation drive was held on 1st August 2018. Rallies were held on the occasion of World AIDS Day on 1st December 2018 (48 cadets attended), and on the National Voter's Day on 25th January 2019 (53 cadets attended).

### **VI. Cadet Placements :**

- a. CRPF (Police) : Jayanti Rajwar
- b. CISF (Police) : Pratima Mahato

## **ACHIEVEMENTS IN KARATE**

- 1) Mikki Mahato - 3rd position in 2nd International Samurai Cup, on 30/12/2018, in Medinipur Karate Institute.
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## **ACHIEVEMENTS IN SPORTS**

District-level :

District-level Inter-college Athletic Meet (DPI) - Runners-up.

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State-level :

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## PROSPECTUS 2019-20





## **EXTERNAL EVENTS**

### **AWARDS & PRIZES : LAST 5 YEARS**

#### **Major Student achievements**

##### **2015**

##### **YPC**

- a. Winners in the Divisional level Youth Parliament Competition. Team felicitated by West Bengal Govt. on 19/02/2015.

##### **NCC :**

- a. Hemkund Trekking Uttarkhand - 17th to 30th September 2015 - 2 Cadets.
- b. International Cadet Athletics (Kabaddi) - 12th to 29th September 2015 - Salt Lake Stadium - 8 Cadets. (2nd Position).
- c. National Integration Camp (NIC) - 3rd to 13th October 2015 - Hooghly - 6 Cadets (2nd Position in Cultural).
- d. Special NIC - 24th October to 2nd November 2015 - Jaisalmer, Rajasthan - 4 Cadets (1st Position in Cultural).
- e. All-India Trekking - 28th October to 5th November 2015 - Lakhapani - 2 Cadets.
- f. NIC - II - 8th to 19th December 2015 - Siliguri, Darjeeling - 6 Cadets (2nd Position in Cultural).

##### **KARATE :**

Two students have participated in the International Karate (Kyokushin) Tournament, organized in Midnapore on 6th March 2015. They have stood First and Second as follows -

- 1) Susmita Sing Sardar - 1st position.
- 2) Rebati Hembram - 2nd position.

##### **SPORTS :**

- 1) Winners in the District level Athletics Meet, conducted by the West Bengal Government.
- 2) Winners in the Badminton championship conducted by West Bengal Government.



- 3) Table-tennis Championship (District) held on 20/08/15 - Winners
- 4) Kabaddi Championship (District) held on 27/08/15 - Winners
- 5) Kho-Kho Championship (District) held on 7-8/10/15 - Winners.
- 6) Rajib Gandhi Khel Abhijan (RGKA) 2015, participated in State level Kho-Kho Meet, held on 11-13/12/2015.

## **2016**

### **YPC :**

- a) Winners in the District-level Youth Parliament Competition.
- b) Runners-up in the Divisional-level Youth Parliament Competition.

### **NCC :**

- a. Special NIC - 30th December 2015 to 10th January 2016 - Dimapur, Nagaland - 2 Cadets (2nd Position in Cultural).
- b. NIC - III - 17th to 28th January 2016 - Tornagallu, Madhya Pradesh - 4 Cadets (1st Position in Cultural).
- c. 1st Position in District Republic Day Parade, Purulia (Uniformed Unarmed Category).

### **SPORTS :**

- a) Badminton Championship (District) held on 16/02/16 - Winners.
- b) District-level Athletic Meet (State) - Runners.
- c) District-level Athletic Meet (University) - Runners

## **2017**

### **YPC :**

- a) Winners (10th year running) in the District Level Youth Parliament Competitions.
- b) Runners-up in the Divisional-level Youth Parliament Competition 2017.
- c) Felicitated by the West Bengal Government on 09/02/2017

### **NCC :**

- I. **Combined Annual Training Camps :**  
Fifteen CATC Camps were attended throughout the year.
- II. **National Integration Camps :**  
Four NIC-s were attended, in Suri, Dimapur (Assam), and Nagaland.







### III. Trekking Programmes :

- a. All India Trek II - 17th to 24th May 2016 - Amarkantak - 3 Cadets.
- b. NER Trek II - 17th to 26th October 2016 - Lekhapani (Assam) - 5 Cadets.

### OTHER PROGRAMMES AND ACHIEVEMENTS :

- a. All India Leadership Camp - 28th May to 8th June 2016 - Kharagpur - 3 Cadets.
- b. Basic course, HML sl.no. 316 - 19th Oct to 15th Nov 2016 - Darjeeling - 2 Cds.
- c. Advanced Leadership Camp VI - 3rd to 14th Dec 2016 - Coimbatore - 2 Cadets.
- d. 68th Republic Day Parade - 2017 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
- e. CATC II - 1st Prize in Group Dance.
- f. CATC VII - 2nd Prize in Group Song.
- g. CATC XI - 1st Prize in Group Dance.
- h. CATC XVII - 1st Prize in Group Dance.
- i. CATC I (2017) - 1st Prize in Group Dance
- j. NIC II - 2nd prize in Slow Song.
- k. NCC Day (District -level) - Nistarini College - 17th November 2016 - 50 Cadets - 1st Prize in Group Dance.

### SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :

All important calendar dates, such as World Earth Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day.

### ACHIEVEMENTS IN KARATE

Three students have participated in the Open National Karate Championships (Kyokushin) Tournament, organized in Purulia, on 26th December 2017. They have stood First, Second, and Third as follows -

- 1) Mikki Mahato - 1st position
- 2) Susmita Sing Sardar - 2nd position.
- 3) Mandira Sahis - 3rd position.

### SPORTS :

Nistarini College was the organizer of the DPI-sponsored District-level



Athletics, Football, and Badminton Meet 2017, organized on various dates in the 2nd week of January 2017.

- 1) District-level Athletic Meet (DPI) - Runners-up.
- 2) Kabaddi Championship (District – 2016)- Winners. Best player : Purnima Mahato.
- 3) Kho-Kho Championship (District – 2016)- Winners. Best player : Kabita Modak.
- 4) Badminton Championship (District – 2017)- Winners. Best player : Mallika Mahato.

## **2018**

### **NCC ACHIEVEMENTS 2017-18**

#### **I. COMBINED ANNUAL TRAINING CAMPS :**

Fifteen Combined Annual Training Camps (CATC) were attended throughout the year.

#### **II. NATIONAL INTEGRATION CAMPS :**

Four NIC-s were attended, in Jaisalmer (Punjab), Ropar (Punjab) and Memari (Burdwan).

#### **III. TREKKING PROGRAMMES :**

- a. All India Trek II - 16th to 23rd May 2017 - Amarkantak – 2 Cadets.

#### **IV. OTHER PROGRAMMES AND ACHIEVEMENTS :**

- a. All India Leadership Camp - 23rd January to 6th February 2018 - Panagarh - 5 Cadets.
- b. Basic course, HML sl.no. 316 - 19th Oct to 15th Nov 2016 - Darjeeling - 2 Cdts.
- c. Local Republic Day Camp I - 8th January to 17th Jan 2018 - Kolkata - 3 Cadets.
- d. Local Republic Day Camp II - 18th January to 27th Jan 2018 - Fort William - 2 Cadets.
- e. Republic Day Camp - 28th December to 28th January 2018 - R.K. Puram, New Delhi - 2 Cadets.
- f. 69th Republic Day Parade - 2018 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.







- g. NIC- III - 1st Prize in Group Dance (18-29th Jan 2017) – Punjab.
- h. NIC- I - 2nd Prize in Group Song (5-16th Oct 2017) - Memari, Burdwan.
- i. Spl NIC - 2nd Prize in Group Song (Jaisalmer, Punjab - 18-29th Nov 2017).
- j. NIC – II - 1st Prize in Group Dance (10-21st Jan 2018; Ropar, Punjab).
- k. NCC Day (District -level) - Nistarini College - 17th November 2016 - 50 Cadets - 1st Prize in Group Dance.

#### **V. SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :**

All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. NCC Day was celebrated in Nistarini College. Awareness drives were held against tobacco, drugs, and cancer. A blood-donation camp was held on 23rd November.

#### **VI. CADET PLACEMENTS :**

CISF 2017 (Central Industrial Security Force):

- a. WB/SW/2013/124150 - Cdt. Anjana Mahato.
- b. WB/SW/13/124155 - CQMS - Jharna Mahato.

West Bengal Police 2016 :

- a. WBS/16/SWA/198924 - Cdt. Hasina Khatun.

#### **ACHIEVEMENTS IN KARATE**

Two students have participated in the National and International Karate Championships (Kyokushin) as follows -

- 1) Mikki Mahato - 3rd position in International Karate Championship 2017, Middle weight.
- 2) Susmita Sing Sardar - 2nd position in 2nd Kyokushin Cup (National).

#### **ACHIEVEMENTS IN SPORTS**

##### **District-level**

- 1) District-level Athletic Meet (DPI & University) - Runners-up.
- 2) Kabaddi Championship (District – 2017)- Winners.
- 3) Kho-Kho Championship (District – 2017) - Winners. Best player : Karuna Mahato
- 4) Kho-Kho Championship (DPI – 2018) - Winners. Best player : Debi Sardar
- 5) Badminton Championship (District – 2017)- Winners. Best player : Mallika Mahato.



### State-level

- 1) Kho-Kho team 2018
- 2) Athletic team :
  - a) Dhani Mahato
  - b) Rima Mahato
  - c) Tanushree Mahato
  - d) Susmita Chakraborty
- 3) Tanushree Mahato attained 3rd position in State-level Relay Race, 2018.

## **2019**

### **NCC ACHIEVEMENTS 2018-19**

- I. COMBINED ANNUAL TRAINING CAMPS :  
17 Combined Annual Training Camps (CATC) were attended throughout the year.
- II. NATIONAL INTEGRATION CAMPS :  
One NIC was attended, in Amarkantak, from 29th May to 5th June 2018, in which 2 cadets attended.
- III. OTHER PROGRAMMES AND ACHIEVEMENTS :
  - a. 70th Republic Day Parade - 2019 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
  - b. CATC II - 1st Prize in Group Dance (1st to 10th June 2018) – Suri.
  - c. CATC VI - 1st Prize in Group Dance (1st to 10th July 2018) - Panagarh.
  - d. CATC X - 1st Prize in Sow Dance (19th to 28th Aug 2018) Panagarh.
  - e. CATC XV - 1st Prize in Group Dance (1st to 10th Dec 2018) Panchakot.
- IV. SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :  
All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. Awareness drives were held against tobacco, drugs, and cancer. A tree-plantation drive was held on 1st August 2018. Rallies were held on the occasion of World AIDS Day on 1st December 2018 (48 cadets attended), and on the National Voter's Day on 25th January 2019 (53 cadets attended).
- V. CADET PLACEMENTS :  
**GNM :**
  - a. WB/SW/2013/124146 - Cdt. Susmita Punaria.
  - b. WB/SW/2015/124099 - JUO - Shilpa Mukherjee.







### **WEST BENGAL POLICE 2018 :**

- a. WB/SW/2014/124097 - JUO - Beauti Kundu
- b. WB/SW/2014/124109 - CPL - Rani Mahato
- c. WB/SW/2015/124108 - LCPL - Arpita Dutta
- d. WB/SW/2015/124123 - Cdt. Rupa Bauri
- e. WB/SW/2014/124098 - CPL - Sima Bauri
- f. WB/SW/2014/124100 - LCPL - Susmita Sen

### **ACHIEVEMENTS IN YOGA**

Asha Bhattacharya, after winning the National Yoga Championship in New Delhi, won First Position in the 3rd Dubai International Yoga Competition and Conference, 2018 on 16th November 2018, organized by the Friends of Yoga, UAE & Lifestyle Yoga, UAE.

### **ACHIEVEMENTS IN KARATE**

- 1) Mikki Mahato - 3rd position in 2nd International Samurai Cup, on 30/12/2018, in Medinipur Karate Institute.
- 2) Mikki Mahato - 3rd Position in the Oyama Cup, 2018, organized by the Kolkata Kyokushin Institute, on 27-28 Jan 2018.

### **ACHIEVEMENTS IN SPORTS**

#### **District-level :**

- 1) District-level Inter-college Athletic Meet (DPI) - Champions.
- 2) Kabaddi Championship (District - 2018)- Runners up.
- 3) Kho-Kho Championship (District - 2018) - Winners.
- 4) Kho-Kho Championship (DPI - 2018) - Winners.

#### **State-level :**

- 1) Kho-Kho team 2018
- 2) Athletic team : a) Dhani Mahato : 3rd Year
  - b) Tanushree Mahato : 3rd Year
  - c) Sangita Mahato : 1st Year
  - d) Anwesha Pandey : 1st Year





# NISTARINI (WOMEN'S ) COLLEGE, PURULIA

**Estd. : 1957**

**Accredited 'A' Grade by NAAC**

Deshbandhu Road, Purulia - 723101, West Bengal  
Phone : (03252) - 222 064, 223 004 , Fax : 222 064  
Website : [www.nistarinicollege.ac.in](http://www.nistarinicollege.ac.in)  
e-mail : [collegenistarini@gmail.com](mailto:collegenistarini@gmail.com)



## PROSPECTUS 2018-19



# EXTERNAL EVENTS

## AWARDS & PRIZES : LAST 5 YEARS

### Major Student achievements

#### 2014

- a) NCC contingent stood 2nd in the District Republic Day Parade.
- b) Youth Parliament team stood 1st in the District level competition.
- c) Winners' trophy at the District level University Athletic Meet (three 1st Prizes, four 2nd Prizes, two 3rd Prizes).
- d) Winners in the District level Government Athletic Meet (two 1st Prizes, four 2nd Prizes, three 3rd Prizes).
- e) Winners in the University level Kho-Kho championship. Team sent to play in State level.
- f) Runners-up in the University level Kabaddi championship.
- g) Winners in the University level Badminton championship. Team sent to play in the State level.
- h) Winners in the University level Table Tennis Championship. Team sent to play in the State level.
- i) Music choir invited to perform at the opening ceremony of the District Book Fair.
- j) Music choir invited to perform at the Vidyasagar Mela organized in Manbazar by the West Bengal Government.
- k) Chaitali Das won 2nd prize in the All Bengal Open Karate Championships.
- l) Winners in the National shooting Competition (NCC).

#### 2015

##### YPC

- a. Winners in the Divisional level Youth Parliament Competition. Team felicitated by West Bengal Govt. on 19/02/2015.







### **NCC :**

- a. Hemkund Trekking Uttarkhand - 17th to 30th September 2015 - 2 Cadets.
- b. International Cadet Athletics (Kabaddi) - 12th to 29th September 2015 - Salt Lake Stadium - 8 Cadets. (2nd Position).
- c. National Integration Camp (NIC) - 3rd to 13th October 2015 - Hooghly - 6 Cadets (2nd Position in Cultural).
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### **KARATE :**

Two students have participated in the International Karate (Kyokushin) Tournament, organized in Midnapore on 6th March 2015. They have stood First and Second as follows -

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### **2016**

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- c. 1st Position in District Republic Day Parade, Purulia (Uniformed Unarmed Category).

### **SPORTS :**

- a) Badminton Championship (District) held on 16/02/16 - Winners.
- b) District-level Athletic Meet (State) - Runners.
- c) District-level Athletic Meet (University) - Runners

### **2017**

#### **YPC :**

- a) Winners (10th year running) in the District Level Youth Parliament Competitions.
- b) Runners-up in the Divisional-level Youth Parliament Competition 2017.
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- i. CATC I (2017) - 1st Prize in Group Dance
- j. NIC II - 2nd prize in Slow Song.
- k. NCC Day (District -level) - Nistarini College - 17th November 2016 - 50 Cadets - 1st Prize in Group Dance.

### **SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :**

All important calendar dates, such as World Earth Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day.

### **ACHIEVEMENTS IN KARATE**

Three students have participated in the Open National Karate Championships (Kyokushin) Tournament, organized in Purulia, on 26th December 2017. They have stood First, Second, and Third as follows -

- 1) Mikki Mahato - 1st position
- 2) Susmita Sing Sardar - 2nd position.
- 3) Mandira Sahis - 3rd position.

### **SPORTS :**

Nistarini College was the organizer of the DPI-sponsored District-level Athletics, Football, and Badminton Meet 2017, organized on various dates in the 2nd week of January 2017.

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## 2018

### NCC ACHIEVEMENTS 2017-18

#### I. COMBINED ANNUAL TRAINING CAMPS :

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#### II. NATIONAL INTEGRATION CAMPS :

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#### III. TREKKING PROGRAMMES :

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#### IV. OTHER PROGRAMMES AND ACHIEVEMENTS :

- a. All India Leadership Camp - 23rd January to 6th February 2018 - Panagarh - 5 Cadets.
- b. Basic course, HML sl.no. 316 - 19th Oct to 15th Nov 2016 - Darjeeling - 2 Cdts.
- c. Local Republic Day Camp I - 8th January to 17th Jan 2018 - Kolkata - 3 Cadets.
- d. Local Republic Day Camp II - 18th January to 27th Jan 2018 - Fort William - 2 Cadets.
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#### V. SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :

All important calendar dates, such as World Earth Day, World Forest Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day. NCC Day was celebrated in Nistarini College. Awareness drives were held against tobacco, drugs, and cancer. A blood-donation camp was held on 23rd November.

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- a. WB/SW/2013/124150 - Cdt. Anjana Mahato.
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#### ACHIEVEMENTS IN KARATE

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- 1) Mikki Mahato - 3rd position in International Karate Championship 2017, Middle weight.
- 2) Susmita Sing Sardar - 2nd position in 2nd Kyokushin Cup (National).

#### ACHIEVEMENTS IN SPORTS

##### District-level

- 1) District-level Athletic Meet (DPI & University) - Runners-up.
- 2) Kabaddi Championship (District - 2017)- Winners.
- 3) Kho-Kho Championship (District - 2017) - Winners. Best player : Karuna Mahato
- 4) Kho-Kho Championship (DPI - 2018) - Winners. Best player : Debi Sardar
- 5) Badminton Championship (District - 2017)- Winners. Best player : Mallika Mahato.

##### State-level

- 1) Kho-Kho team 2018
- 2) Athletic team :
  - a) Dhani Mahato
  - b) Rima Mahato
  - c) Tanushree Mahato
  - d) Susmita Chakraborty
- 3) Tanushree Mahato attained 3rd position in State-level Relay Race, 2018.





# NISTARINI (WOMEN'S ) COLLEGE, PURULIA

**ESTD. : 1957**

**Accredited 'A' Grade by NAAC**

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e-mail : [collegenistarini@gmail.com](mailto:collegenistarini@gmail.com)



AECC (SeM-1): Eng/ Beng/ Hindi

## PROSPECTUS 2017-18







## **EXTERNAL EVENTS**

### **AWARDS & PRIZES : LAST 5 YEARS**

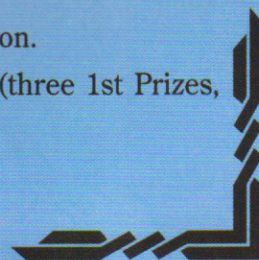
#### **Major Student achievements**

##### **2013**

- a) 2nd Prize in the District level essay competition on Sir Ashutosh Mukherjee, organized by Panchakote College. Sayani Kabiraj felicitated by the State Government at Nandan, Kolkata.
- b) NCC contingent stood 1st in the District Republic Day Parade.
- c) 1st Prize in the Cultural event of the NCC National Integration Camp, Phase I (State level), in Birbhum.
- d) 2nd Prize in the Cultural event of the NCC National Integration Camp, Phase II (National level), in Gujarat.
- e) Survag Pathak of the NCC unit climbed Redugaina peak (Uttar Pradesh).
- f) Youth Parliament team stood 1st in the District level competition.
- g) Winners' trophy at the District level University Athletic Meet (three 1st Prizes, four 2nd Prizes, two 3rd Prizes)
- h) Winners in the District level Government Athletic Meet (three 1st Prizes, three 2nd Prizes, two 3rd Prizes).
- i) Runners-up in the University level Kho-Kho Championship.
- j) Winners in the University level Badminton Championship. Team sent to play in the State level.
- k) Music choir invited to perform at the Chief Minister's Programme at Hura.
- l) Mallika Murmu obtained 2nd position in All Bengal Open Karate Championship.

##### **2014**

- a) NCC contingent stood 2nd in the District Republic Day Parade.
- b) Youth Parliament team stood 1st in the District level competition.
- c) Winners' trophy at the District level University Athletic Meet (three 1st Prizes, four 2nd Prizes, two 3rd Prizes).





- d) Winners in the District level Government Athletic Meet (two 1st Prizes, four 2nd Prizes, three 3rd Prizes).
- e) Winners in the University level Kho-Kho championship. Team sent to play in State level.
- f) Runners-up in the University level Kabaddi championship.
- g) Winners in the University level Badminton championship. Team sent to play in the State level.
- h) Winners in the University level Table Tennis Championship. Team sent to play in the State level.
- i) Music choir invited to perform at the opening ceremony of the District Book Fair.
- j) Music choir invited to perform at the Vidyasagar Mela organized in Manbazar by the West Bengal Government.
- k) Chaitali Das won 2nd prize in the All Bengal Open Karate Championships.
- l) Winners in the National shooting Competition (NCC).

## 2015

### YPC

- a. Winners in the Divisional level Youth Parliament Competition. Team felicitated by West Bengal Govt. on 19/02/2015.

### NCC :

- a. Hemkund Trekking Uttarkhand - 17th to 30th September 2015 - 2 Cadets.
- b. International Cadet Athletics (Kabaddi) - 12th to 29th September 2015 - Salt Lake Stadium - 8 Cadets. (2nd Position).
- c. National Integration Camp (NIC) - 3rd to 13th October 2015 - Hooghly - 6 Cadets (2nd Position in Cultural).
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### **KARATE :**

Two students have participated in the International Karate (Kyokushin) Tournament, organized in Midnapore on 6th March 2015. They have stood First and Second as follows -

- 1) Susmita Sing Sardar - 1st position.
- 2) Rebati Hembram - 2nd position.

### **SPORTS :**

- 1) Winners in the District level Athletics Meet, conducted by the West Bengal Government.
- 2) Winners in the Badminton championship conducted by West Bengal Government.
- 3) Table-tennis Championship (District) held on 20/08/15 - Winners
- 4) Kabaddi Championship (District) held on 27/08/15 - Winners
- 5) Kho-Kho Championship (District) held on 7-8/10/15 - Winners.
- 6) Rajib Gandhi Khel Abhijan (RGKA) 2015, participated in State level Kho-Kho Meet, held on 11-13/12/2015.

### **2016**

#### **YPC :**

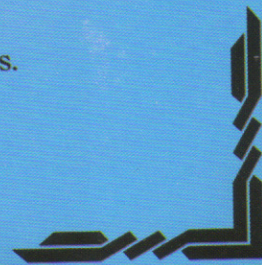
- a) Winners in the District-level Youth Parliament Competition.
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#### **NCC :**

- a. Special NIC - 30th December 2015 to 10th January 2016 - Dimapur, Nagaland - 2 Cadets (2nd Position in Cultural).
- b. NIC - III - 17th to 28th January 2016 - Tornagallu, Madhya Pradesh - 4 Cadets (1st Position in Cultural).
- c. 1st Position in District Republic Day Parade, Purulia (Uniformed Unarmed Category).

#### **SPORTS :**

- a) Badminton Championship (District) held on 16/02/16 - Winners.
- b) District-level Athletic Meet (State) - Runners.
- c) District-level Athletic Meet (University) - Runners





**2017**

**YPC :**

- a) Winners (10th year running) in the District Level Youth Parliament Competitions.
- b) Runners-up in the Divisional-level Youth Parliament Competition 2017.
- c) Felicitated by the West Bengal Government on 09/02/2017

**NCC :**

- I. **Combined Annual Training Camps :**  
Fifteen CATC Camps were attended throughout the year.
- II. **National Integration Camps :**  
Four NIC-s were attended, in Suri, Dimapur (Assam), and Nagaland.
- III. **Trekking Programmes :**
  - a. All India Trek II - 17th to 24th May 2016 - Amarkantak - 3 Cadets.
  - b. NER Trek II - 17th to 26th October 2016 - Lekhapani (Assam) - 5 Cadets.

**OTHER PROGRAMMES AND ACHIEVEMENTS :**

- a. All India Leadership Camp - 28th May to 8th June 2016 - Kharagpur - 3 Cadets.
- b. Basic course, HML sl.no. 316 - 19th Oct to 15th Nov 2016 - Darjeeling - 2 Cdts.
- c. Advanced Leadership Camp VI - 3rd to 14th Dec 2016 - Coimbatore - 2 Cadets.
- d. 68th Republic Day Parade - 2017 - Purulia - 1st Prize in Uniformed Unarmed category - 25 Cadets.
- e. CATC II - 1st Prize in Group Dance.
- f. CATC VII - 2nd Prize in Group Song.
- g. CATC XI - 1st Prize in Group Dance.
- h. CATC XVII - 1st Prize in Group Dance.
- i. CATC I (2017) - 1st Prize in Group Dance
- j. NIC II - 2nd prize in Slow Song.
- k. NCC Day (District -level) - Nistarini College - 17th November 2016 - 50 Cadets - 1st Prize in Group Dance.

**SOCIAL SERVICE & OBSERVATION OF SPECIAL DAYS :**

All important calendar dates, such as World Earth Day, World Health Day, and World Leprosy Day were observed, apart from observation of the Independence Day and Republic Day.







### ACHIEVEMENTS IN KARATE

Three students have participated in the Open National Karate Championships (Kyokushin) Tournament, organized in Purulia, on 26th December 2017. They have stood First, Second, and Third as follows -

- 1) Mikki Mahato - 1st position
- 2) Susmita Sing Sardar - 2nd position.
- 3) Mandira Sahis - 3rd position.

### SPORTS :

Nistarini College was the organizer of the DPI-sponsored District-level Athletics, Football, and Badminton Meet 2017, organized on various dates in the 2nd week of January 2017.

- 1) District-level Athletic Meet (DPI) - Runners-up.
- 2) Kabaddi Championship (District – 2016)- Winners. Best player : Purnima Mahato.
- 3) Kho-Kho Championship (District – 2016)- Winners. Best player : Kabita Modak.
- 4) Badminton Championship (District – 2017)- Winners. Best player : Mallika Mahato.

### CAREER COUNSELLING CELL

**As per UGC guidelines, the college has set up a Career Counselling Cell equipped with necessary information regarding various courses, job opportunities, application forms, important announcements etc. The Cell also arranges different counselling sessions with experts in this field at different times. Students use services of this centre at no cost.**

